

Let's Talk: Starting your career

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Hi, I'm Kristin. Let's talk about starting your career. First, congratulations on taking this important step in your professional development. It's an exciting and scary time that can seem overwhelming. Trust me, I know.

Ask questions

Here are some tips on how to make the most out of this transition. First, ask questions. You're not expected to have all the answers, and now is the perfect time to learn. And asking questions will make you appear eager and excited to those around you, which is always a positive thing. So don't be afraid to speak up. You'll be glad you did.

Build your network

Second, it's never too early to start building your network. The connections you make now will have a diverse and positive impact on development and will help you tremendously as you progress. Remember to always be pleasant and professional and to never burn bridges, because the world is a lot smaller than you think, and you never know who you might run into in the future. But you can use this to your advantage. And lastly, don't be afraid to take on new projects and opportunities as they come your way. Expanding your skillset and diversifying your experience will also help you.

Find balance

Remember to take care of yourself and to treat yourself like a person. Work-life balance is so important, and it ultimately helps you be a more productive employee. So take breaks, get up from your desk, and even try to get outside if you can.

Be confident

And finally, be confident in yourself. You are capable and have the ability to succeed. Take the time to read books on leadership or other professional topics of interest to you. Be sure to practice your skills and ask for feedback from those around you. Learning from others is so helpful, and you're never supposed to be the smartest person in the room. Remember that the people you work with are human too. We all make mistakes, but we can all learn from and better each other.

Tools for success

Again, congratulations on taking this step in your career. You have all the tools that you need, and you're going to be great. Thanks for talking.

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