

When you need to pour your heart out, there's no one like the family pet. He's loyal, positive and always there for you.

But let's face it — Rover isn't great at giving advice. The next time you need to talk about an issue, call us.

We can assist you with:

- Depression
- Marital problems
- · Financial worries
- Stress and anxiety
- · Making time for you
- Alcohol or drug misuse

Confidential assistance available 24 hours a day, 7 days a week.

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