



# Connect with your purpose

## Aetna Resources for Living<sup>SM</sup>

This quarter we'll focus on connected with your purpose. We'll help you:

- Discover what success means to you
- Aspire to reach goals big and small by working on thinking errors that keep you stuck
- Find what you need to evolve and grow

Let us help you connect with your purpose with resources such as:

- Webinars, articles and guidebooks to help you explore new ideas and topics
- Videos that present concepts you can start practicing right away
- One-on-one coaching and counseling to address your specific needs



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