

## Management Consultation Services

### Aetna Resources For Living<sup>SM</sup>

Our plans come with Management Consultation Services. Supervisors, managers and executives can call anytime for extra help with challenging workplace issues.

Management Consultants (MCs) are licensed mental health professionals. They can help teams work through a specific situation.



Managers can get helpful handouts, referrals to clinicians, help finding community resources and more. They can even call our 24/7 quick-response hotline when faced with a crisis event.

#### We can help at all levels of your organization

##### Individual

- Addressing performance issues
- Behavior risks that could cause liability for the company

##### Group

- Layoffs and job loss
- Traumatic event response

##### Organizational

- Organizational and leadership development seminars
- E-learning awareness seminars
- Traumatic event and crisis planning and guidance before, during and after a crisis

#### Ask for materials from our resource library

Managers can get handouts — by e-mail or fax — on timely employment issues like:

- Absenteeism
- Sexual harassment
- Trauma
- Anger management
- Substance abuse
- Depression

Simply call to learn more about how our Management Consultation Services can help your management team reduce employee risk and liability.

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