

Mass Shooting Resources

Crisis Resources

SAMHSA Disaster Distress Helpline

800-985-5990 (24 hours)

Website: <https://www.samhsa.gov/find-help/disaster-distress-helpline>

This helpline, through the Substance Abuse and Mental Health Services Administration (SAMHSA), can provide immediate counseling to anyone who is seeking help.

SAMHSA Behavioral Health Treatment Services Locator

Visit the website here: <https://findtreatment.samhsa.gov/>

This line is available 24 hours/day and 7 days/week. The Behavioral Health Treatment Services Locator provides information and a search tool for behavioral health and substance abuse/addiction services in the United States and U.S. Territories. You can access the free and confidential treatment provider search tool using the link listed above. After completing the search criteria, you can view a list of treatment providers and detailed information about each provider.

You may also call (800) 662-4357 to receive free and confidential information about mental health and substance abuse treatment services in your area.

211 United Way

Dial 2-1-1 or visit <https://www.unitedway.org/>

2-1-1 connects callers to health and human services information and is available 24 hours a day, seven days a week, even during disasters. Information and resources may be provided for a variety of needs including mental health, basic needs, and disaster assistance. Dial 211 from your cell phone to speak with a trained information and referral specialist. Calls are routed to service centers based on your geographic location. You may also search online for resources or find the local number for your local 211 service center by clicking on the link for <https://www.unitedway.org/>

Online Resources for Parents

<https://www.naeyc.org/resources/topics/coping-stress-and-violence>

The National Association for the Education of Young People has compiled online resources for parents, teachers, and others working with young children about coping with violence and its aftermath and talking to young children about tragedies they learn about in the media.

Ways to Search for State and local News and Resources

- Search on your State's Governor's Website for any official announcements or press releases
- Search on your State's Department of Emergency Management website for emergency preparedness plans, safety resources and emergency updates
- Search on your local town or sheriff's department website for any local disaster resource plans and updates in your local area

This guide provides referrals to resources. It does not endorse or recommend the resource providers. While every effort is made to maintain current provider information, information may change without notice.

Resources for Living

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