

## **Midwest-South Severe Storms Resource Guide:** **Arkansas, Illinois, Indiana, Kentucky, Missouri, Ohio, and** **Tennessee**

**April 4, 2025**

### **State and Local Resources**

#### **Arkansas Resources**

##### **Office of the Governor – Governor Sarah Huckabee Sanders**

Governor Sarah Huckabee Sanders has declared a state of emergency to request federal assistance for the collaboration of local and state agencies to support residents who were affected and will be affected by the forecasted severe storms, flooding, and tornadoes. For updates, please visit the website [here](#).

##### **Arkansas Department of Emergency Management (ADEM)**

The Arkansas Department of Emergency Management assists residents impacted by natural, technological, or man-made disasters and emergencies. Services include preparedness and recovery programs. Recovery efforts and public assistance programs may become available to rebuild after severe weather and can be found here. For more information and to stay up to date with press releases, visit their website [here](#).

- Address: Building 9501 Camp Joseph T. Robinson, North Little Rock, AR 72199
- Phone: (501) 683-6700
- Website: <https://www.dps.arkansas.gov/emergency-management/adem/>

##### **American Red Cross of Central of Arkansas**

The American Red Cross is one member of the local, state, and federal disaster response community. During a disaster, the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. To find open shelters via the American Red Cross please visit their website [here](#).

- Address: 2610 Shackleford Road, Suite B, Little Rock, AR 72205
- Phone: (501) 748-1000

- Website: <https://www.redcross.org/local/arkansas.html>

### **Shelters and Evacuation Sites**

There are shelters and safe rooms that recently opened throughout the state for those affected by the storms and tornados. Please see below:

- **Marion and Visual Performing Arts Magnet School**  
Address: 1402 Crestmere Street, West Memphis, AR 72301
- **Arkansas State University Mid-South**  
Address: 2000 West Broadway Avenue, West Memphis, AR 72301
- **Wonder Junior High School**  
Address: 2501 East Broadway Avenue, West Memphis, AR 72301
- **Veterans Park Event Center**  
Address: 508 North Lincoln Street, Cabot AR 72023
- **Historic Old Hardy Gym**  
Address: 201 School Avenue, Hardy, AR 72542
- **Arkansas State University**  
Address: 2105 East Aggie Road | Opens during a tornado watch. Pet friendly.
- **Craighead County Courthouse Annex**  
Address: 511 Union St. | Opens during a tornado watch. No pets allowed.
- **List of additional sites can be found [here](#) and [here](#).**

### **United Way of Arkansas**

Arkansas 211 operates nationwide and connects callers to human service information. This service operates 24 hours a day, seven days a week, even during disasters. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. Dial 211 from your cellphone to speak with a trained information and referral specialist. You may also search online for resources or find the local number for your local 211 service center by visiting their website [here](#).

### **The Salvation Army – Arkansas Oklahoma Division**

The Salvation Army aids disaster survivors by responding quickly, mobilizing officers, employees, and volunteers wherever they are needed to immediately and effectively provide emergency services to victims and emergency responders. To learn more about their disaster response in your area, visit their website.

- Address: 6601 Broadway Executive Park 5, Oklahoma City, OK 73116
- Phone: (405) 254-1100
- Website: <https://southernusa.salvationarmy.org/arkansas-and-oklahoma/>

### **Arkansas Department of Transportation**

The Arkansas Department of Transportation provides access to road conditions and traffic advisories. To learn more about road conditions and closures in your area, visit their website [here](#).

- Phone: (501) 569-2000
- Website: <https://www.ardot.gov/>

### **Arkansas Department of Human Service**

The Department of Human Services provides additional support and assistance for tornado damage and recovery through ARStrong. For information on resources available, please visit the website [here](#).

## **Illinois Resources**

### **Illinois Office of the Governor – Governor JB Pritzker**

Governor JB Pritzker has not declared a state of emergency for the current storm system. To stay up to date with any information made available, please visit the website [here](#).

### **Illinois Emergency Management Agency and Office of Homeland Security (IEMA-OHS)**

The Illinois Emergency Management Agency and Office of Homeland Security (IEMA-OHS) prepares Illinois for natural, manmade, or technological disasters, hazards, or acts of terrorism by coordinating disaster mitigation, preparedness, response, and recovery programs, and functions as the State Emergency Response Commission. For more information regarding disaster and recovery, visit the website [here](#).

### **Ready Illinois**

Ready Illinois, in connection with the Emergency Management Agency, provides information and resources for emergency preparedness in Illinois including weather conditions, road conditions, hazards, emergency alerts, FEMA information and more. Visit the website [here](#). View the surviving disasters citizen handbook [here](#).

### **American Red Cross Illinois Region**

The American Red Cross is one member of the local, state and federal disaster response community. During a disaster the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. For more information and to find your local chapter, visit the American Red Cross website [here](#). To locate an open shelter, you may visit the link [here](#)

Their website has information about locating or connecting with loved ones who have been impacted by a current disaster event. Visit the “Contact Loved Ones” page on the website [here](#).

### **Shelters and Evacuation Sites**

There are shelters and safe rooms that recently opened throughout the state for those affected by the storms and tornados. Please see below:

- For a list of storm shelters, visit the site [here](#) and [here](#).

### **211 Illinois**

211 Illinois provides information and resources for variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. They can also provide information about local shelters. If you are interested, you can dial 211 anywhere in Illinois, (217) 717-3002 if outside of Illinois, text your zip code to 898211, or visit the website [here](#).

### **The Salvation Army – Illinois**

The Salvation Army aids disaster survivors by responding quickly, mobilizing officers, employees, and volunteers wherever they are needed to immediately and effectively provide emergency services to victims and emergency responders. To learn more about their disaster response in your area, visit their website [here](#).

### **Illinois Department of Transportation**

The Illinois Department of Transportation (IDOT) is a state agency in charge of state-maintained public roadways of the U.S. state of Illinois. For updates on road conditions, road closures, and travel advisories, visit the website [here](#). For updates on road closures view the map [here](#).

### **Power Outage Map**

Click the links below for current outages. Residents are encouraged to check with their service provider regarding updates on outages.

- [Ameren Illinois](#)
- [Association of Illinois Electric Cooperatives](#)
- [Illinois Outage Map](#)

### **Illinois Department of Insurance**

The Department of Insurance plays a critical role in assisting individuals and businesses after a natural disaster by providing resources and support to help navigate the insurance claims process and ensure fair treatment by insurance companies. For more information, visit the website [here](#).

- Chicago regional office: (312) 814-2420
- Springfield regional office: (217) 782-4515

## **Indiana Resources**

### **Indiana Office of the Governor – Governor Mike Braun**

Governor Mike Braun activated the National Guard to aid with storm recovery after severe weather impacted at least 41 counties across Indiana. The Governor's Office is working with the Indiana National Guard, Indiana Department of Homeland Security, Indiana Department of Transportation, Indiana Department of Natural Resources, and Indiana Department of Corrections to begin sand bagging operations in support of flood prevention of critical infrastructure and damage to civilian property. For updates, please visit the website [here](#).

### **Indiana Emergency Management and Preparedness Division**

Indiana's Emergency Management and Preparedness Division prepares Indiana for natural, manmade, or technological disasters, hazards, or acts of terrorism by coordinating disaster mitigation, preparedness, response, and recovery programs. For more information regarding disaster and recovery, visit the website [here](#).

Your local county or municipal emergency management director is the best source of information on local conditions and programs, along with assistance that may be available due to a recent federal disaster declaration. Find your county emergency management office by using the EMA directory by clicking [here](#).

### **American Red Cross Indiana**

The American Red Cross is one member of the local, state and federal disaster response community. During a disaster the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. For more information and to find your local chapter, visit the American Red Cross website [here](#). To locate an open shelter, you may visit the link [here](#).

### **Shelters and Evacuation Sites**

There are shelters and safe rooms that recently opened throughout the state for those affected by the storms and tornados. Please see below:

- **Freedom House Reception Center – Point of Distribution**  
Address: 6607 Providence Drive, Anderson, IN 46013
- **List of additional sites can be found** [here](#).

### **Indiana 211**

Indiana 211 is the community services helpline. They manage a database of health and human services programs. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. This service operates 24 hours a day, seven days a week, even during disasters. For more information or to find your local contact center, visit the website [here](#).

### **Indiana Department of Transportation**

Indiana's Department of Transportation provides [updates](#) on major road closures. For additional updates on driving conditions and road closures, you may also visit their highway information map [here](#).

### **Power Outage Maps**

- [AES Indiana](#)
- [Duke Energy](#)
- [Indiana Power Outage Map](#)

### **Indiana Department of Insurance**

The Department of Insurance plays a critical role in assisting individuals and businesses after a natural disaster by providing resources and support to help navigate the insurance claims process and ensure fair treatment by insurance companies. For more information, visit the website [here](#).

### **Legal Aid Disaster Resource Center - Indiana**

This site provides a list of organizations that play a role in disaster preparation and recovery by providing information and assistance to the area. For a list of these organizations, visit the site [here](#).

## **Kentucky Resources**

### **Kentucky Office of the Governor – Governor Andy Beshear**

Governor Andy Beshear has declared a state of emergency to request federal assistance for the collaboration of local and state agencies to support residents who were affected and will be affected by the forecasted severe storms, flooding, and tornadoes. The Governor is activating the Kentucky Emergency Operations Center and units of the Kentucky National Guard to stand ready to respond. Kentucky Transportation Cabinet officials and crews are also on alert, and local emergency management leaders are working to keep Kentuckians everywhere informed. For updates, please visit the website [here](#).

### **Kentucky Emergency Management**

The Kentucky Emergency Management assists residents impacted by natural, technological, or man-made disasters and emergencies. Services include preparedness and recovery programs. Recovery efforts and public assistance programs may become available to rebuild after severe weather and can be found [here](#). For more information and to stay up to date with press releases, visit their website [here](#).

- Address: 100 Minuteman Parkway, Frankfort, KY 40601
- Phone: (800) 255-2587

### **American Red Cross of Central of Kentucky**

The American Red Cross is one member of the local, state, and federal disaster response community. During a disaster, the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. To find open shelters via the American Red Cross please visit their website [here](#).

- Address: 510 East Chestnut Street, Louisville, KY 40201
- Phone: (502) 589-4450
- 24/7 Disaster Distress Helpline: (800) 985-5990 is available via call or text.
- Website: <https://www.redcross.org/local/kentucky>

### **Shelters and Evacuation Sites**

There are shelters and safe rooms that recently opened throughout the state for those affected by the storms and tornados. Please see below:

- **Disaster Recovery Center – Irvine City Hall**  
Address: 101 Chestnut Street, Irvine, KY 40336
- **Disaster Recovery Center – Mayo Campus Auditorium**  
Address: 508 3<sup>rd</sup> Street, Paintsville, KY 41240
- **Disaster Recovery Center – Leslie County 911 Dispatch**  
Address: 24770 Highway 421, Hyden KY 41749
- **Disaster Recovery Center – Simpson County Courthouse**  
Address: 100 Courthouse Square, Franklin, KY 42132
- **His House Ministries**  
Address: 1250 KY 303, Mayfield, KY 42066
- **Bullitt East High School**  
Address: 11450 Highway 44 East, Mt. Washington, KY 40047
- **Robey Elementary School**  
Address: 1148 Highway 44 East, Shepherdsville, KY 40165
- **North Bullitt High School**  
Address: 3200 East Hebron Lane, Shepherdsville, KY 40165
- **Nichols Elementary**  
Address: 10665 Highway 44 West, West Point, KY 40177
- **Lebanon Junction Elementary School**  
Address: 10920 South Preston Highway, Lebanon Junction, KY 40150
- **Shepherdsville City Hall** (shelter if Robey Elementary becomes full)  
Address: 634 Conestoga Parkway, Shepherdsville, KY
- **List of additional sites can be found [here](#).**

### **United Way of Kentucky**

Kentucky 211 is the community services helpline. They manage a database of health and human services programs. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. This service operates 24 hours a day, seven days a week, even during disasters. For more information or to find your local contact center, visit the website [here](#).

### **The Salvation Army – Kentucky Tennessee Division**

The Salvation Army aids disaster survivors by responding quickly, mobilizing officers, employees, and volunteers wherever they are needed to immediately and effectively provide emergency services to victims and emergency responders. To learn more about their disaster response in your area, visit their website [here](#).



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- Address: 2110 High Wickham Place, Louisville, KY 40245
- Phone: (800) 725-2769

### **Kentucky Transportation Cabinet**

The Kentucky Transportation Cabinet provides access to road conditions and traffic advisories. To learn more about road conditions and closures in your area, visit their website [here](#).

- Phone: (501) 569-2000
- Website: <https://transportation.ky.gov/Pages/Home.aspx>

## **Missouri Resources**

### **Missouri Office of the Governor - Governor Mike Kehoe**

Governor Kehoe issued a State of Emergency declaration, activating the Missouri National Guard to assist with response efforts for ongoing and forecasted severe storm systems that have caused, or have the potential to cause, damage resulting from tornadoes, straight line winds, large hail, heavy rains, and flooding, impacting communities throughout the state. The declaration will allow first responders, road crews, and emergency management officials to coordinate efforts quickly. For updates, please visit the website [here](#).

### **State Emergency Management Agency (SEMA)**

The Missouri Department of Public Safety manages the State Emergency Management Agency known as SEMA. SEMA coordinates with local emergency managers to assess damages, provide emergency supplies, notify the public of active shelters, coordinate debris cleanup, and more. Resources are available via the [Missouri Storm Aware website](#), which explains how to prepare for tornadoes and other weather events, and where to find emergency support. The [SEMA website](#) also has a search tool to find your local county or municipal emergency management director, which is the best source of information on local conditions and programs.

### **American Red Cross of Missouri**

Missourians with unmet needs due to the storm are encouraged to contact the American Red Cross at (800) 733-2767. The American Red Cross is one member of the local, state,

and federal disaster response community. During a disaster, the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. To find your local Red Cross, visit the American Red Cross website [here](#). To find open shelters via the American Red Cross please visit their website [here](#). Their Contact Loved Ones website recommends calling your local Red Cross if your missing loved one is elderly, disabled, has a chronic medical condition, lives in your household or is a member of the military-connected community. For more information, click [here](#).

### **Shelters and Evacuation Sites**

There are shelters and safe rooms that recently opened throughout the state for those affected by the storms and tornados. Please see below:

- **Community Center**  
Address: 200 North Ash Street, Nevada, MO 64772
- **Delta High School**  
Address: 324 North Liberty Street, Delta, MO 63744
- **Community Partner Shelter – Potosi Southern Baptist Church**  
Address: 10165 West Highway 8, Potosi, MO 63664
- **List of additional sites can be found [here](#).**

### **United Way - Missouri 2-1-1**

Missouri 211 is the community services helpline. They manage a database of health and human services programs. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. This service operates 24 hours a day, seven days a week, even during disasters. For more information or to find your local contact center, visit the website [here](#).

### **Missouri Community Action Network**

This organization provides emergency support, food pantry, energy assistance, financial assistance and housing assistance to individuals living in the Missouri area. This agency operates a variety of grants that come from federal, state and local sources. Find your local community action office by using the online directory found [here](#).

### **Salvation Army- Emergency Disaster Services**

Salvation Army is providing emergency and disaster assistance to individuals affected by natural disasters in Missouri. Services include food assistance, energy assistance, housing support, emotional care and disaster support.

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- **Salvation Army Midland Division**

Phone: (314) 646-3000 or (573) 442-3229

Serving all counties in Missouri EXCEPT: Andrew, Atchison, Buchanan, Cass, Clay, Holt, Jackson, Nodaway, Platte, and Ray

- **Salvation Army Kansas and Western Missouri Division**

Phone: (816) 756-1455

### **Association of Missouri Electric Cooperatives**

Information regarding statewide power outages, can be found using this organization's interactive map. Power outages can also be filtered by county. For more information or to view the power outage map, visit the Association of Missouri Electric Cooperatives website [here](#).

### **Missouri Department of Transportation (MoDOT)**

The Missouri Department of Transportation's [website](#) contains information regarding road closures, incidents, floods, work zones, winter road conditions, and future work zones. To access the Traveler Information Map, visit the site [here](#). It is encouraged that individuals sign up for real-time emergency updates through e-mail and text alerts through E-updates and Text Alerts [here](#).

### **Missouri Department of Insurance**

The Missouri Department of Insurance (DOI), regulates the insurance industry in Missouri, ensuring consumer protection and promoting fair practices through licensing, oversight, and enforcement of insurance laws. Residents who have experienced damage to their homes, cars and property should contact their insurance company and document damage with photographs.

- Website: <https://insurance.mo.gov/>
- Insurance Consumer Hotline: 800-726-7390

## **Ohio Resources**

### **Ohio Office of the Governor – Governor Mike DeWine**

Governor Mike DeWine has not declared a state of emergency for the current storm system. To stay up to date with any information made available, please visit the website [here](#).

### **Ohio Emergency Management Agency (OEMA)**

The Ohio Emergency Management Agency is the state's central point of coordination for response to and recovery from disasters. They assist local emergency management in a variety of emergency situations. Additionally, this agency can provide residents with guidance and support navigating through severe weather damage, proclamations, and disaster assistance. For information, visit the website [here](#).

The Emergency Alert System is the state's official emergency notification system for the distribution of emergency information, instructions, and warnings to the citizens of Ohio. Alerts are sent via text message, email, or voicemail. For more information or to sign up, visit [here](#).

### **Ohio EMA Disaster Recovery Branch (DRB)**

The Ohio EMA Disaster Recovery Branch (DRB) provides training, guidance, and technical assistance regarding supplemental disaster assistance programs. DRB provides guidance for damage assessment activities following disasters. The branch also has the responsibility for administering the following disaster assistance programs:

- FEMA Individuals and Households Program
- FEMA Public Assistance Program
- State Individual Assistance Program
- State Disaster Relief Program

You can find additional information and stay up to date with any information made available by visiting their website [here](#).

### **American Red Cross of Central & Southern Ohio**

The American Red Cross is one member of the local, state, and federal disaster response community. During a disaster, the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items. To find your local chapter, visit the website [here](#). To find open shelters via the American Red Cross please visit their website [here](#).

Their website has information about locating or connecting with loved ones who have been impacted by a current disaster event. Visit the "Contact Loved Ones" page on the website [here](#).

### **Shelters and Evacuation Sites**

There are currently no disaster shelters or safe rooms that have opened for those affected by the storms and tornados. Contact your local emergency management agency, sheriff's office, or American Red Cross for updates.

### **Ohio United Way**

Ohio 211 is the community services helpline. They manage a database of health and human services programs. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. This service operates 24 hours a day, seven days a week, even during disasters. For more information or to find your local contact center, visit the website [here](#).

### **Ohio Association of Community Action Agencies**

The Community Action Agencies offer a variety of programs and services. During the recovery phase of disasters, your local Community Action Agency may support residents applying for disaster or emergency relief. Visit the website [here](#) to find the agency that serves your area.

### **Ohio Department of Transportation**

The Ohio Department of Transportation provides access to road conditions and traffic advisories. To learn more about road conditions and closures in your area, visit their website [here](#). For real-time traffic updates, visit the OHGO website [here](#).

### **Ohio Department of Insurance**

Visit the website [here](#) for information from the Ohio Department of Insurance regarding disaster claims and other related information.

### **Ohio Department of Health**

The Ohio Department of Health, local health departments, health care providers, and public health stakeholders work together to promote and protect the health of all Ohioans. The Ohio Department of Health provides an interactive map to help you find the local health department serving your community. To stay up to date with any information made available, visit their website [here](#).

### **Tennessee Resources**

#### **Office of the Governor – Governor Bill Lee**

Governor Bill Lee has declared a state of emergency to request federal assistance for the collaboration of local and state agencies to support residents who were affected and will be affected by the forecasted severe storms, flooding, and tornadoes. The governor is working with the Tennessee Army and Air National Guard, Tennessee Emergency Management Agency, myTDOT, and Tennessee Highway Patrol. For updates, please follow the Governor on Facebook [here](#) or visit the official governor's website [here](#).

#### **The Tennessee Emergency Management Agency**

The Tennessee Emergency Management Agency (TEMA) supports local jurisdictions during emergencies and severe weather. TEMA activated the State Emergency Operations Center (SEOC) for the recent storms. Severe weather and tornadoes have impacted the West and into Middle Tennessee. Major damage has been reported in Fayette, Hardeman, and McNairy counties. Additionally, the counties of Obion, Shelby, Montgomery, and Robertson have been impacted. TEMA provides information on current situations, power outages, shelters, traffic control (THP and TDOT), the Tennessee Department of Health, protective actions and more. For updates, please follow TEMA on Facebook [here](#) or visit the agency website [here](#).

#### **Shelters and Evacuation Sites**

There are shelters and safe rooms that recently opened throughout the state for those affected by the storms and tornados. Please see below:

- **Selmer Civic Center**  
Address: 230 North 5<sup>th</sup> Street, Selmer, TN 38375
- **McNairy County Courthouse**  
Address: 170 West Court Avenue, Selmer, TN 38375
- **Barren Plains Baptist Church**  
Address: 4507 Corbin Sneed Road, Springfield, TN 37172
- **Orlinda City Hall**  
Address: 7501 Highway 52, Orlinda, TN 37141
- **Hospitality Hub**  
590 Washington Avenue, Memphis, TN 38105

- **Arlington Tornado Safe Room**  
11842 Otto Lane, Arlington, TN 38002
- **Dyersburg Storm Shelter**  
Address: South Court Avenue, Dyersburg, TN 38024
- **Atoka Town Hall**  
Address: 334 Atoka-Munford Road, Atoka, TN 38004
- **Atoka Elementary School**  
Address: 870 Rosemark Road, Atoka, TN 38004
- **The Cellar**  
Address: 102 East Court Square, Covington, TN 38019
- **Liberty Baptist Church**  
Address: 2097 Holly Grove Road, Covington, TN 38019
- **Apostolics of Drummonds**  
Address: 2357 Wilkinsville Road, Drummonds, TN 38023

### **Road Closures and Traffic**

For additional traffic information visit the website for the Tennessee Department of Transportation [here](#). The interactive map on [SmartWay](#) shows real-time updates including current conditions, incidents, weather related incidents, closures, construction, and more.

### **Power Outage Map**

PowerOutage.us is a website that tracks and records power outages across the United States, with data updated every 10 minutes. Click [here](#) to view the map.

### **American Red Cross**

The American Red Cross is one member of the local, state, and federal disaster response community. During a disaster, the Red Cross provides shelter, food, emotional support, health services, clean-up supplies and comfort items.

To find open shelters via the American Red Cross please visit their website [here](#).

### **Mid-South Red Cross**

The American Red Cross of Mid-South Tennessee serves Dyer, Fayette, Lake, Lauderdale, Obion, Shelby and Tipton Counties.

- Address: 1399 Madison Avenue, Memphis, TN 38104
- Phone: (901) 726-1690

- Website: <https://www.redcross.org/local/tennessee/about-us/locations/mid-south-tennessee.html>

### **Mid-West Tennessee Red Cross**

The American Red Cross of Mid-West Tennessee serves Benton, Carroll, Chester, Crockett, Decatur, Gibson, Hardeman, Hardin, Haywood, Henderson, Henry, Madison, McNairy, and Weakley Counties.

- Address: 19 Stonecreek Circle, Jackson, TN 38305
- Phone: (731) 427-5543
- Website: <https://www.redcross.org/local/tennessee/about-us/locations/mid-west-tennessee.html>

Their Contact Loved Ones website provides a central location for people in disaster areas to register their status, and for their loved ones to access that information. Visit the website [here](#).

### **United Way of Tennessee**

Tennessee 211 is the community services helpline. They manage a database of health and human services programs. Information and resources may be provided for a variety of needs including shelter, cell phone power stations, rent/utility assistance, and disaster response programs. This service operates 24 hours a day, seven days a week, even during disasters. For more information or to find your local contact center, visit the website [here](#) or dial 211.

### **The Tennessee Department of Commerce & Insurance**

The Department of Commerce and Insurance is responsible for enforcing insurance laws and regulating over 1,700 insurance companies for the state. The agency offers guidance on disaster recovery, rebuilding and insurance support. Additionally, they license professionals. If looking for contractors, you may review the website [here](#) to verify professional licensure. You may review the disaster guidance support page online.

- Phone: (615) 741-2241
- Website: <https://www.tn.gov/commerce/disasters>

### **Tennessee Bar Association**

The Tennessee Bar Association works with the Tennessee Alliance for Legal Services and other legal organizations in the state to aid those in need following natural disasters.

- Phone: (844) 435-7486



- Website: [https://www.tba.org/?pg=Disaster Resources](https://www.tba.org/?pg=Disaster_Resources)

## **National Resources**

### **National Weather Service by the National Oceanic and Atmospheric Administration (NOAA)**

Updated information on current weather conditions can be found [here](#). The National Weather Service has additional information on its website [here](#) regarding tornado preparedness and safety. Stay up to date with alerts by tuning into the NOAA Weather Radio All Hazards (NWR) network. The NWR is a nationwide network of radio stations broadcasting continuous weather information directly from the nearest National Weather Service office. NWR broadcasts official Weather Service warnings, watches, forecasts, and other hazard information 24 hours a day, 7 days a week. Find your local station [here](#).

### **Airbnb**

Airbnb may provide temporary housing options after a natural disaster occurs. Learn more by visiting their [website](#). Referrals for temporary stays are provided via 2-1-1 United Way. Dial 2-1-1 in your area to learn more.

### **The Salvation Army**

The Salvation Army provides a variety of programs and services that may include shelters during emergencies, disaster response and relief, financial assistance for rent, mortgage, utilities, food, and other needs. Click [here](#) for information regarding tornado preparedness and relief. Programs and services may vary based on location. If interested, contact your local Salvation Army. To find your local agency visit The Salvation Army's website [here](#), then enter your zip code in the "Find A Center Near You" field at the top of the page.

- Phone: 1-800-SAL-ARMY
- Website: <https://www.salvationarmyusa.org/usn/>

### **Community Action Agencies (CAA)**

Community Action Agencies (CAA) are local private and public non-profit organizations that carry out the Community Action Program (CAP), providing financial support and resources to communities. Community Action Partnership offers a variety of programs and services to communities including disaster or emergency relief, financial assistance for basic needs,

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and more. Visit the website [here](#) to find the local Community Action Agency that serves your area.

### **Road Condition Maps**

Tornadoes may create hazardous conditions for motorists and roads may be impassable. See below for information on road conditions.

- The [U.S. Department of Transportation](#) has a [list](#) of departments of transportation by state.
- The National Weather Service has a [list](#) of road conditions by state.

### **RxOpen**

Healthcare Ready is a nonprofit organization that works with emergency management officials to ensure the healthcare supply chain is prepared for and able to respond to natural disasters, pandemics, and other emergencies. Healthcare Ready manages the RxOpen mapping tool that helps patients and providers locate open pharmacies in areas impacted by natural disasters and public health emergencies. View the mapping tool [here](#) to find open pharmacies during an active disaster. Visit the website [here](#) for additional resources and news regarding current disasters.

### **Gas/Fuel Availability**

- GasBuddy is a website that offers an interactive map of gas stations that are open, has fuel & power, has no fuel & power, has no power and more categories. For more information, please visit the website [here](#).

### **Food Resources**

- Food Pantries: Foodpantries.org is a directory of food banks, soup kitchens and non-profit organizations committed to fighting hunger. Individuals can search for food resources in their area. Please contact your local stores/pantries for their hours and status regarding openings/closings. Visit the website [here](#) to find food pantries in your area.

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- USDA Food and Nutrition Service (FNS): The FNS responds to active disasters by providing food assistance to those in need. The FNS may authorize [\*\*Disaster Supplemental Nutrition Assistance Program \(D-SNAP\)\*\*](#) when the President declares a major disaster with individual assistance. People who might not ordinarily qualify for the Supplemental Nutrition Assistance Program (SNAP, formerly the Food Stamp Program) may be eligible for D-SNAP if they have disaster related expenses, such as loss of income, damage to property, relocation expenses, and in some cases, loss of food due to power outages.

The FNS will provide updates regarding SNAP recipients impacted by a disaster. Click [\*\*here\*\*](#) to learn more about the response to current active disasters. Click [\*\*here\*\*](#) for information regarding food resources after a disaster.

- The [\*\*USDA National Hunger Clearinghouse\*\*](#) helps low-income people with food assistance. If you need help finding local food resources such as meal sites, food banks, and other social services, call 1-866-3-HUNGRY or 1-877-8-HAMBRE (Spanish) to speak with a representative. You can also text to the automated service at 914-342-7744 with a question that may contain a keyword such as "food," "meals," etc., to receive an automated response with local resources.
- World Central Kitchen: World Central Kitchen (WCK) is a non-profit organization that provides meals to people affected by humanitarian, climate, and community crises, including tornadoes. Click [\*\*here\*\*](#) to view current relief efforts and local food distribution sites.
- DisasterAssistance.gov has a fact sheet regarding food and water resources after a disaster. Click [\*\*here\*\*](#) to view.

## **Disaster & Recovery Resources**

### **Ready.Gov**

Ready.gov is a national public service campaign designed to educate and empower Americans to prepare, respond and mitigate emergencies including natural and man-made disasters. For preparedness resources and information on staying safe during and after a tornado, visit their website [\*\*here\*\*](#).

- Emergency Alerts: Alerts may be sent directly to your cell phone via text, phone call, or email. Click [\*\*here\*\*](#) to learn about the various forms of emergency alerts available.

### **Federal Emergency Management Agency (FEMA)**

- Visit the FEMA website for information [here](#).
- Find open shelters near you by texting SHELTER and your zip code to 4FEMA (43362). Example: Shelter 01234 (standard text message rates apply)
- To Register for FEMA Disaster Assistance:  
Online: [www.disasterassistance.gov](http://www.disasterassistance.gov)  
Phone: 800-621-3362, TTY 800-462-7585  
Please note, your area must first officially be declared a disaster area before FEMA can get involved.
- FEMA tips on how to find short term and long-term housing after a disaster can be found [here](#).

### **DisasterAssistance.gov**

DisasterAssistance.gov is a website that helps people apply for and receive federal assistance after a disaster. It also provides information and support to help with recovery following a disaster including tornadoes, storms, hurricanes, floods, or other natural disasters. Visit the website [here](#). The website has information on federal, state and local supports, grants and government assistance, community resources, help for [veterans](#) and individuals with [disabilities](#), [housing](#) and financial assistance, and more.

### **Veteran Affairs (VA) Home Loans - After a Disaster**

If you need help paying your mortgage after a disaster, the VA may help in the following ways:

- Ask loan holders to put a 90-day freeze on foreclosure.
- Encourage holders to waive late charges.

The VA may also be able to work with your servicers or loan holder to apply pre-payments already made to your upcoming payment. Click [here](#) for more information or call the VA at 844-698-2411.

### **HUD Disaster Relief Options for FHA Homeowners**

The U.S. Department of Housing and Urban Development (HUD) offers relief assistance for homeowners with a mortgage insured by the Federal Housing Administration (FHA). If your home or your ability to make your mortgage payments is impacted by a Presidentially Declared Major Disaster Area (PDMDA), you may qualify for relief assistance to help you keep your home. Click [here](#) for more information from HUD or connect with a HUD-participating housing counseling agency by calling 800-569-4287.

## ***Crisis & Disaster Resources***

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### **U.S. Small Business Administration**

The Small Business Administration (SBA) loans money to homeowners and renters whose homes have been damaged in a disaster. You may be eligible even if you do not own a business. To qualify for an SBA home loan your home must be in a presidentially declared disaster area, the loan must be for your primary home, and the loan cannot duplicate benefits from insurance policies or benefit programs. Before applying for an SBA disaster loan, you must register with FEMA. Visit the SBA website [here](#) to learn more.

### **Department of Insurance**

The Department of Insurance plays a critical role in assisting individuals and businesses after a natural disaster by providing resources and support to help navigate the insurance claims process and ensure fair treatment by insurance companies.

- The [National Association of Insurance Commissioners](#) provides contact information for insurance departments by state, in addition to offering information on navigating natural disasters. Click [here](#) for a list of departments by state and click [here](#) for information on navigating natural disasters.

## **National Mental Health Resources**

### **SAMHSA's Disaster Distress Helpline**

This helpline, through the Substance Abuse and Mental Health Services Administration (SAMHSA), can provide immediate crisis counseling to anyone who is experiencing emotional distress related to any natural or human-caused disaster. The help line is available 24 hours a day, 7 days a week at (800) 985-5990. You can also reach out via text message by texting "TalkWithUs" to 66746. You can find more information online [here](#). Click [here](#) for SAMHSA's disaster behavioral health resources. Click [here](#) for SAMHSA's survivors of disasters resource portal.

### **SAMHSA Behavioral Health Treatment Services Locator**

Visit the website [here](#).

The Behavioral Health Treatment Services Locator provides information and a search tool for behavioral health and substance abuse/addiction services in the United States and U.S. Territories. You can access the free and confidential treatment provider search tool using the link listed above. After completing the search criteria, you can view a list of treatment providers and detailed information about each provider.

## ***Crisis & Disaster Resources***

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You may also call (800) 662-4357 to receive free and confidential information about mental health and substance abuse treatment services in your area. This line is available 24 hours a day and 7 days a week.

### **Veterans Crisis Line**

If you are a Veteran in crisis or you're concerned about one, free, confidential support is available 24 hours a day, 7 days a week.

The Veterans Crisis Line is available by phone, text, or chat:

- Dial 988 then Press 1
- Send a text to 838255
- [Chat online](#)
- Support for deaf and hard of hearing: Call 1-800-799-4889

### **National Center for PTSD**

The National Center for PTSD (NCPTSD) offers many resources for survivors of natural disasters, including:

Self-Care After Disasters: Information on how to honor losses, practice helpful thinking, and build resilience. Click [here](#) for more information.

The NCPTSD also offers other resources, including information on practical help such as food, safety, medical care, and shelter, crisis counseling and skill-building, and trauma-focused treatment. Visit the website [here](#) for more information.

### **9-8-8 Lifeline**

The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7, 365 days a year. 9-8-8 is trained to assist with disaster distress and offers resources and guidance for survivors.

- Dial or text: 9-8-8
- Online chat: <https://988lifeline.org/chat/>
- Click [here](#) to see the disaster resources page

### **The National Child Traumatic Stress Network**

The National Child Traumatic Stress Network has online resources for families, parents, and young children about coping with traumatic experiences and stressors, including natural disasters. For more information, please visit their website [here](#).

### **National Alliance on Mental Illness - NAMI**

NAMI is a non-profit organization that provides education, support, and advocacy for people affected by mental illness including support groups, peer-support, and help navigating the mental health care system.

- Phone: 800-950-6246
- Text 'helpline' to 62640
- Chat online [here](#)
- Website: <https://www.nami.org/>

*This guide provides referrals to resources. It does not endorse or recommend the resource providers. While every effort is made to maintain current provider information, information may change without notice.*

## **Resources For Living**

The EAP is administered by Resources for Living, LLC. This material is for informational purposes only. Information is not a substitute for professional health care and is not meant to replace the advice of health care professionals. Contact a health care professional with any questions or concerns about specific health care needs.

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