



Contact Sheet: Westchester Medical Center

This is a confidential round-the-clock service that helps employees and their families balance the demands of work, life and personal issues. As an employee, you and your household members can call in for services. Please call the number listed below to receive specific information about your benefits at any time.

24-Hour Telephone Access

To reach the program by phone 24 hours a day.

Toll Free Number:	800-955-6422
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Counseling Services

You and your household members are eligible for counseling sessions. There is no charge to you or your family for using this program service.

Sessions:	5
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Interactive Web Resources

By visiting your web portal and entering your company ID, username and password. You can have access to a full range of web-based tools, self-assessments and resources on a variety of behavioral health and work/life topics.

Website:	www.resourcesforliving.com
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Username:	wmc health
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Password:	EAP
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Completing the online evaluation

How did you like this training? Follow the link or scan the QR code to open our online survey and provide us with feedback on your experience. The Contact ID number is the response to the first question.

Link to online survey:	https://cvs.az1.qualtrics.com/jfe/form/SV_0k4haSKk5lhs0ui
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Contact ID:	6842206
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If you are redirected to the "thanks for completing the evaluation page", please delete your cookies, then try the link again. Thank you!

QR Code for online survey:

